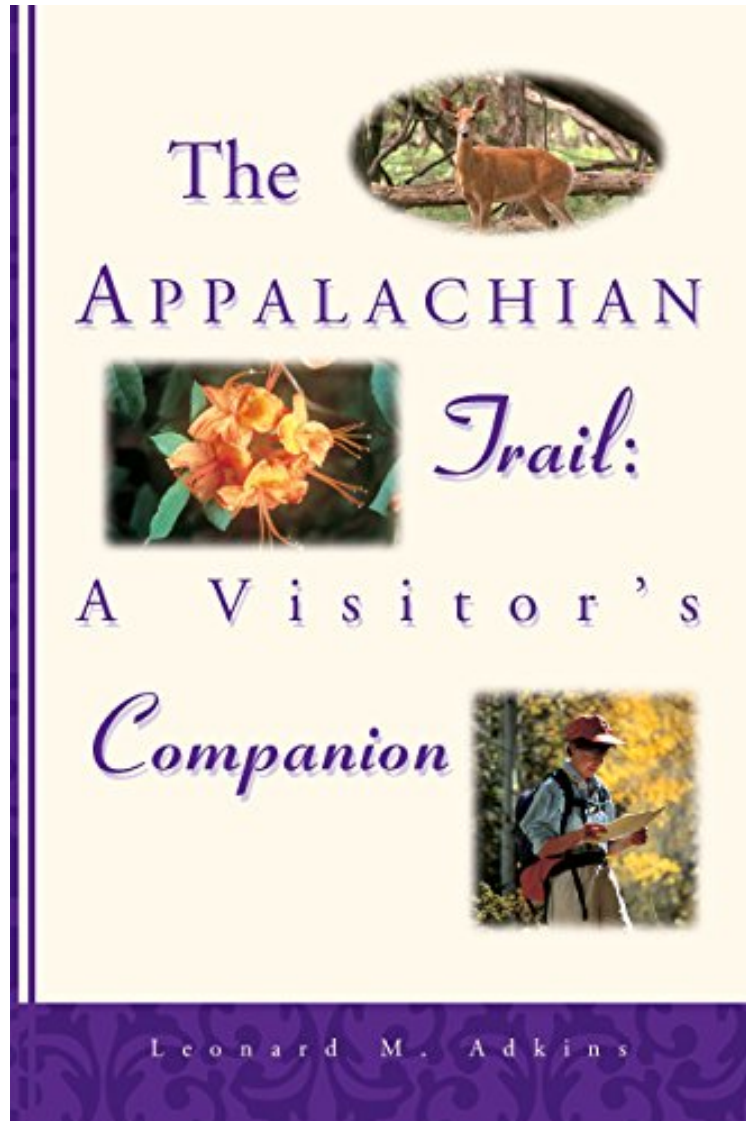


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The Appalachian Trail Visitor's Companion (Official Guides to the Appalachian Trail)

Leonard M. Adkins

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Leonard M. Adkins : The Appalachian Trail Visitor's Companion (Official Guides to the Appalachian Trail) before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Appalachian Trail Visitor's Companion (Official Guides to the Appalachian Trail):

0 of 0 people found the following review helpful. Good BookBy Thomas D TaggartThis is a good book for some background information on the history of the trail and understanding the flora and fauna along the trail5 of 5 people

found the following review helpful. Best naturalist guide to the ATBy jimThis books contains everything you would ever want to know or would expect to encounter on the Appalachian Trail. It gives a quick overview of the history of the trail and a concise description of how the Appalachian Mountains came into being and why they look the way they do today. Individual chapters cover the trees, flowers, mammals, birds, reptiles and amphibians found along the trail. In easy to understand writing, Adkins provides bits of information on how a plant reproduces, where it lives, why it looks the way it does, etc. The chapters on mammals, birds and reptiles not only give an identification description of each animal, but also how it goes about its daily life and what signs to look for to see if it has been in the area recently. The book won the Lowell Thomas Travel Journalism Award, and deserves it. I found my walks in the woods to be greatly enhanced after looking through this book.6 of 6 people found the following review helpful. Best AT resource I've foundBy A CustomerThere are tons of "I Hiked the Appalachian Trail" books, and just as many "How to Hike the Appalachian Trail" books, but this is the only one that tells (and explains) what you are going to see while you're out there. Why does a particular flower grow here and not there? What kind of forest am I walking through? How can I tell the difference between bear scat and fox scat? Why are there no trees on the top of this mountain when there is no true treeline in the South? Then there are the little tidbits like why a box turtle is called a box turtle, how rhododendron grows in such dense thickets, and how bogs come to be. A great book--and the winner of the Society of American Travel Writer's Lowell Thomas Travel Journalism Award for best new guidebook.

Finally, a comprehensive naturalist's guide to the Appalachian Trail. Never again will your shoulders ache from lugging dozens of guidebooks in your backpack. The Appalachian Trail: A Visitor's Companion contains all the essential information about the AT - from the trail's fascinating history to detailed information on the geology, trees, flowers, birds, amphibians, reptiles, and mammals of the Appalachian Mountains. Author Leonard M. Adkins even shares suggested hikes.

From the Back CoverA comprehensive naturalist's guide to the Appalachian Trail, the Visitor's Companion contains all the essential information about the AT - from the trail's fascinating history to detailed information on the geology, trees, flowers, birds, amphibians, reptiles, and mammals of the Appalachian Mountains. Author Leonard M. Adkins even shares suggested hikes. With this guide in hand on the trail, you'll be able to identify certain flowers - and even know how they reproduce and why they grow in select areas. You'll recognize piles of stone as reminders of days gone by. Markings in the mud will become signs of nearby wildlife and the relation of trees to other types of plants will become clear. After reading this guide, you'll gain a greater appreciation and knowledge of this spectacular national treasure and its importance in preserving the natural world. (6 x 9, 240 pages, bw photos, charts, illustrations)