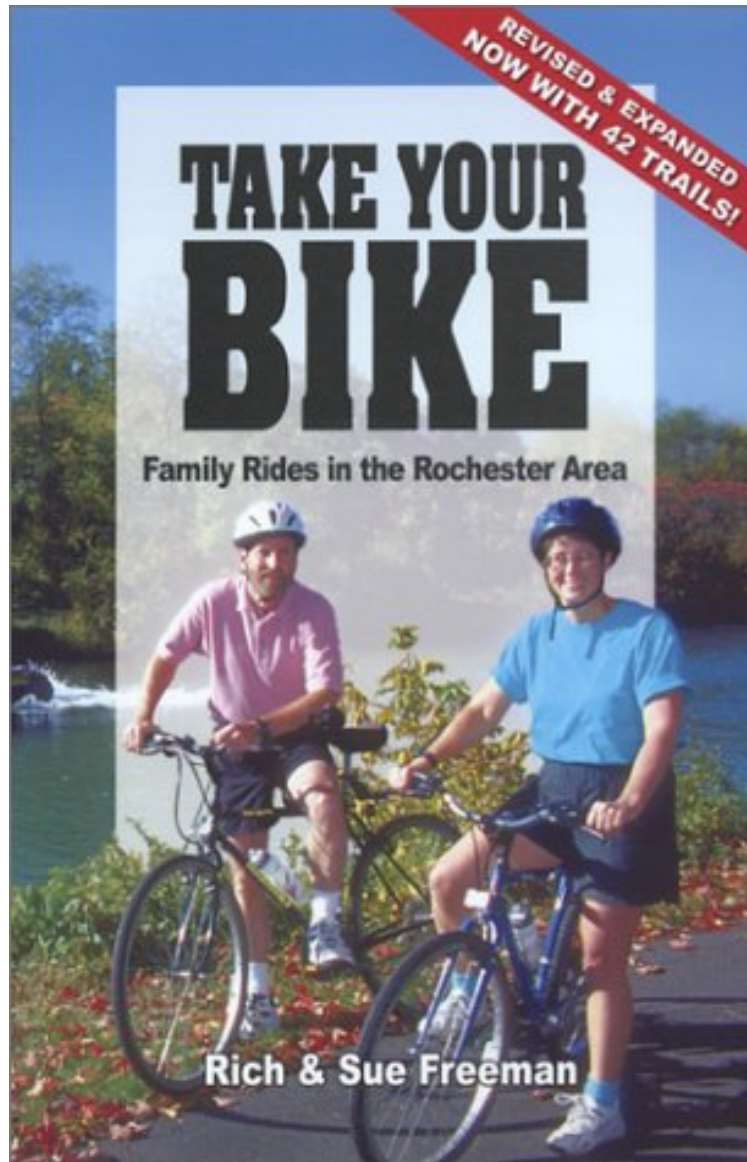


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## Take Your Bike: Family Rides in the Rochester (NY) Area - second edition

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**Rich Freeman, Sue Freeman : Take Your Bike: Family Rides in the Rochester (NY) Area - second edition**  
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## Family Rides in the Rochester (NY) Area - second edition:

Over 300 miles of bicycle adventures. Fun and safe for the whole family. This guidebook is packed with maps and details for 42 bicycling trails in the Rochester, NY region. Learn where to park, how long you'll be riding, amenities to find along the way, and the type and difficulty of terrain to expect. The trails range from easy, paved bike paths to more rugged mountain biking trails. Learn local history and discover new places to ride even if you've been a life-long resident. "My husband is an avid biker who enjoys long road rides. I won't do that with the kids, so he was thrilled to be able to get us biking on trails. Take Your Bike was the real impetus for this and a blessing to me to know where we were going and what we were doing. And, I know the kids will be safe and have exercise and fun! Thanks." Sherry Sabo "A great resource for people looking for good bike trails in the Rochester area. Take Your Bike contains easy-to-read maps of trails and locations, plus descriptions and difficulty ratings. A must-have for any Rochesterian with a bike!" Suebee via Amazon.com