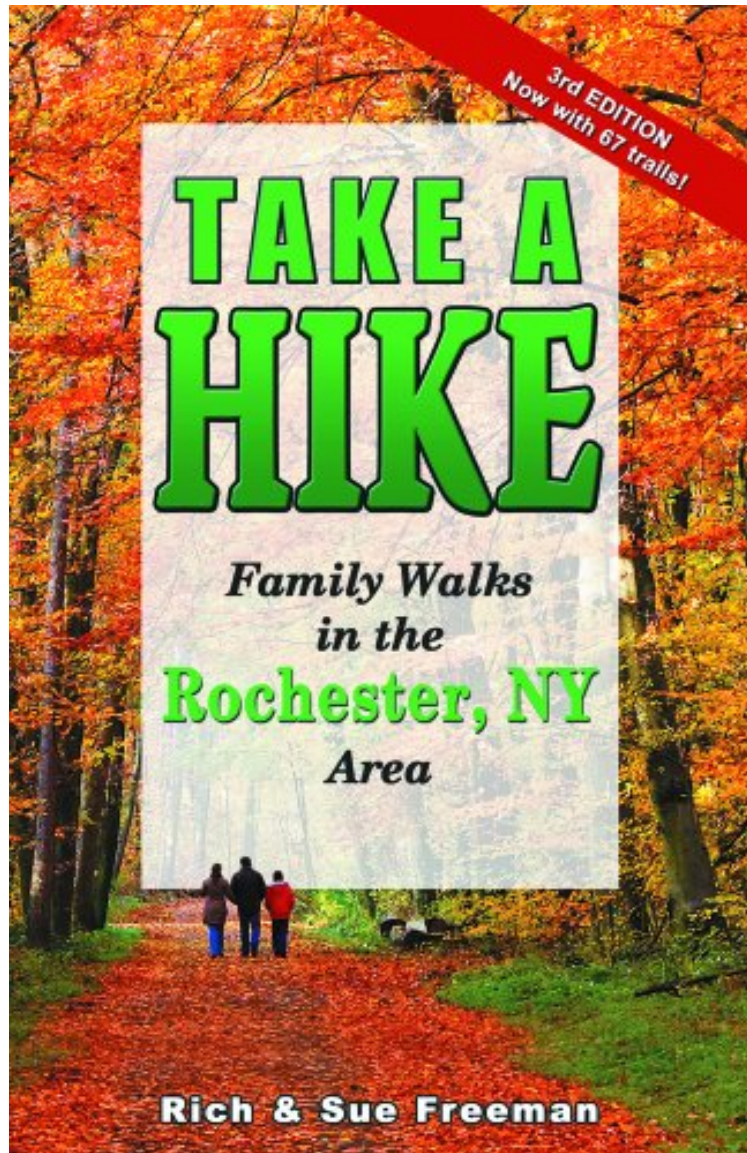


(Online library) Take A Hike - Family Walks in the Rochester, NY Area (Third Edition)

Take A Hike - Family Walks in the Rochester, NY Area (Third Edition)

Rich Freeman, Sue Freeman
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Rich Freeman, Sue Freeman : Take A Hike - Family Walks in the Rochester, NY Area (Third Edition) before purchasing it in order to gage whether or not it would be worth my time, and all praised Take A Hike - Family Walks in the Rochester, NY Area (Third Edition):

0 of 0 people found the following review helpful. A good start to a New Year of outdoor activities in your area.By M.A.An excellent starting point if you want to enjoy the outdoors. The information on length, time difficulty is very

valuable.

Third Edition - Fully Revised and Expanded to Cover 67 Trails. Enjoy day hikes throughout the greater Rochester, NY area. The walks, rambles, strolls, and hikes in this book are designed for people who delight in exploring unique or little-known places. The trails lead through forests, fields, marshes, hills, and arboretums where you can enjoy the natural world. This book will help you learn more about local history, get much-needed exercise, enjoy nature, or find new places to walk your dog. With this guide, you'll be able to explore the Rochester area with ease and confidence. Each of the 67 walks is rated for difficulty, type of terrain, and described by length and estimated time required. In addition, you'll know how to easily find the trails and parking.

It's rare as a book reviewer that you find something to rave about - but then that's what makes a special catch so special. Such a book is *Take A Hike*. You know you've found a good hiking guide when the corners of the pages are well-thumbed and there are bookmarks and souvenirs (like pressed leaves) in between pages after only a few months. -- Jillian St. Jacques, *The Greece Post* Imagine hiking through the Lost City of Tryon, navigating Plaster Woods, and exploring Hardwood Swamp. Such names conjure images of exotic getaways. But actually, these are local hiking trails featured in *Take A Hike*. --Ellen Rosen, *Rochester Democrat and Chronicle* The greater Rochester area has plenty of trails for you and the kids to enjoy and explore the great outdoors. And locating those trails has never been easier thanks to *Take A Hike*. --Beth Pessin, *Genesee Valley Parent* Imagine hiking through the Lost City of Tryon, navigating Plaster Woods, and exploring Hardwood Swamp. Such names conjure images of exotic getaways. But actually, these are local hiking trails featured in *Take A Hike*. --Ellen Rosen, *Rochester Democrat and Chronicle* The greater Rochester area has plenty of trails for you and the kids to enjoy and explore the great outdoors. And locating those trails has never been easier thanks to *Take A Hike*. --Beth Pessin, *Genesee Valley Parent* Imagine hiking through the Lost City of Tryon, navigating Plaster Woods, and exploring Hardwood Swamp. Such names conjure images of exotic getaways. But actually, these are local hiking trails featured in *Take A Hike*. --Ellen Rosen, *Rochester Democrat and Chronicle* The greater Rochester area has plenty of trails for you and the kids to enjoy and explore the great outdoors. And locating those trails has never been easier thanks to *Take A Hike*. --Beth Pessin, *Genesee Valley Parent* About the Author The authors, Rich and Sue Freeman decided to make their living from what they love hiking and bicycling. In 1996 they left corporate jobs to spend six months hiking 2,200 miles on the Appalachian Trail from Georgia to Maine. That adventure deepened their love of the outdoors and inspired them to share this love by introducing others to the joys of hiking. Since most people don't have the option (let alone the desire) to undertake a six-month trek, they decided to focus on short hikes, near home. The result was the first edition (1997) of *Take A Hike! Family Walks in the Rochester Area*. They went on to explore hiking, bicycling and paddling trails throughout the Central and Western New York State region. Rich and Sue continue to be active with various trail groups, and they enjoy doing trail work. In addition, their passion for long distance hiking continues. They have thru-hiked the 500-mile long Bruce Trail in Ontario, Canada, hiked across Spain on the Camino de Santiago Trail, hiked across England on the Coast to Coast Trail, and climbed Mt. Kilimanjaro in Africa. They have bicycled across New York State, following the Erie Canalway Trail and biked the CO Canal Trail. Each year, in addition to doing guidebook research, they try to take at least one long adventure trip. Since beginning their new career writing and publishing books, the Freemans have pared down their living expenses and are enjoying a simpler lifestyle. They now have control of their own destiny and the freedom to head into the woods for a refreshing respite when the urge strikes. Still, their life is infinitely more cluttered than when they carried all their worldly needs on their backs for six months on the Appalachian Trail.