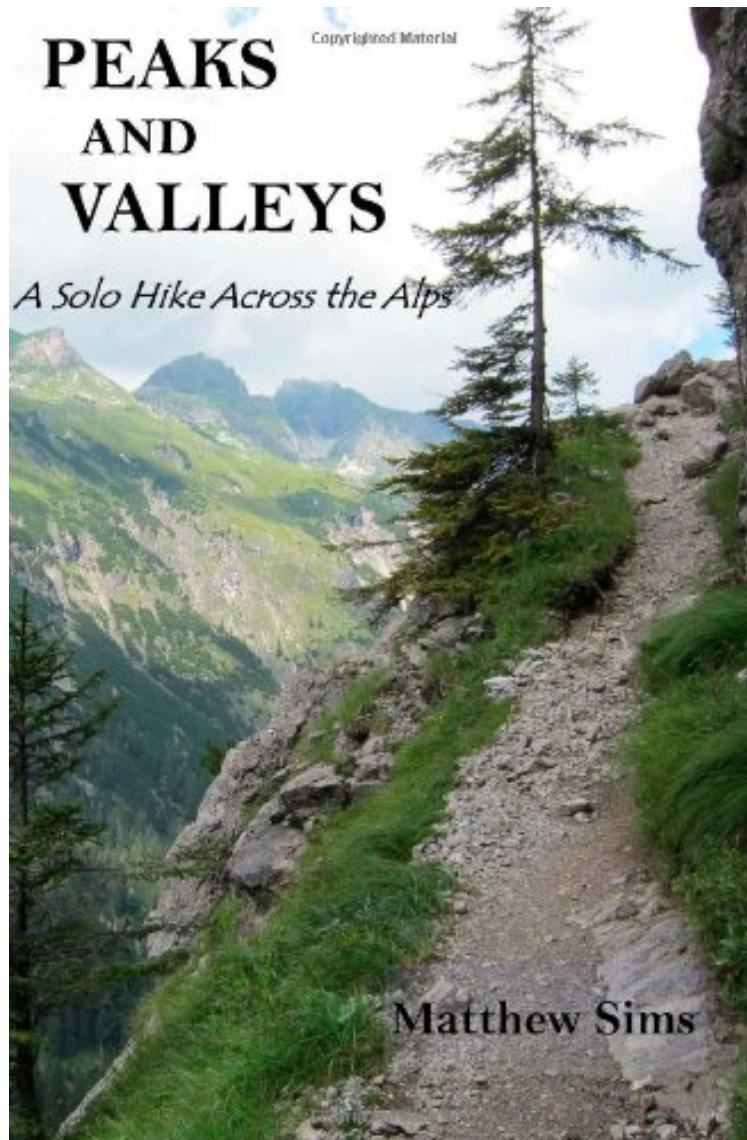


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Peaks and Valleys: A Solo Hike Across the Alps

Matthew Sims

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Matthew Sims : Peaks and Valleys: A Solo Hike Across the Alps before purchasing it in order to gauge whether or not it would be worth my time, and all praised Peaks and Valleys: A Solo Hike Across the Alps:

1 of 1 people found the following review helpful. Hiking with Mr. Sims By Jeremiah Since the area the hiker was describing was where my forebears were from, this story was meaningful to me. The town descriptions were just as interesting as the views and encounters with others on his journey. Since my wife and I have moved to a retirement community, computer and tech stuff are a large part of our lives instead of the upkeep of our property we owned. To

this end we bought a Kindle HD Fire and really enjoy reading books and also watching streaming movies and available TV shows from the past. But back to this book ... of the many I've read on the Kindle, I believe this one is, to date, the most enjoyable yet. In my opinion 'it even ended nicely'. I recommend it to those who want to take a hike while waiting in the doctor's office! gly0 of 0 people found the following review helpful. Four StarsBy m s lewthwaiteA good captivating read1 of 2 people found the following review helpful. Great journey book for the Alps travelerBy KittThe way the author write on this book make you feel like you hike along with him. He describe to every details literally well. I really enjoyed reading his book.

For travelers everywhere. If you like the travel writing of Bill Bryson, Pico Iyer, and Anthony Bourdain, you will love Peaks and Valleys. Tibetan Buddhists believe that making a journey around a sacred site brings merit in the next life. Author Matthew Sims believes that meaningful travel brings merit in this life. After the death of his closest friend, New York jazz guitarist Scott Sherwood, Sims takes a journey alone and on foot across the Alps. Along the way he meets a group of septuagenarian Austrian superwomen, a Tibetan refugee, a legendary chef who is a dead-ringer for Mussolini, and others who either help or hinder him on this 250 mile journey across parts of Germany, Austria, Switzerland, and Italy. This sometimes humorous, sometimes touching travel memoir takes readers through stunning landscapes and quaint villages and uncovers much about the kindness of strangers as well as the colorful history of the central Alps (think witch hunts, sheep obsessions, avalanches, and assassins in bear suits).

From the Author"I found a girl in the garbage..." This is howBurma: A Journey Across Timebegins. Who she was and how she got there are questions that still puzzle me. Burma (Myanmar) is a country that has fascinated me long before I set foot there. Much of the population is stuck in time living as their ancestors did unchanged for hundreds of years. Yet, others are flying at breakneck speed into a new world of modern technology and rapid development. All the while, the people yearn for democracy and the freedom to speak out against corruption and the old elements of the military-controlled government that has oppressed them for decades. What are their lives like and where are they going are among the questions this book addresses. It also seeks to shed light on the most interesting aspects of their long history including Burma's part in World War II as well as the ancient kingdoms that left incredible temples and old ruins for modern adventures to explore. This book traces an overland journey by rail, river, and road across Burma and across time, all the while interspersing stories, observations, historical anecdotes, and humor to shed light on this rapidly changing country. It is not a guidebook, although it could be used as one. It is a travel narrative told by someone who above all else, loves travel. My aim was to detail the journey, but more importantly to open up the culture through a bit of humor, sarcasm, and storytelling. I hope you enjoy it.About the AuthorMatt Sims is an award-winning photographer and the Travel Editor ofYELLOWMagazine. He is the author ofPeaks and Valleys: A Solo Hike Across The Alpsas well asBurma: A Journey Across Time.He has traveled to and written about many far-off destinations including India, Peru, Panama, Tibet, Vietnam, Thailand, Laos, Indonesia, Malaysia, China, Myanmar, and many others. His work has appeared in various media includingCNN, YELLOW, Concho River , Sports Afield, and others.