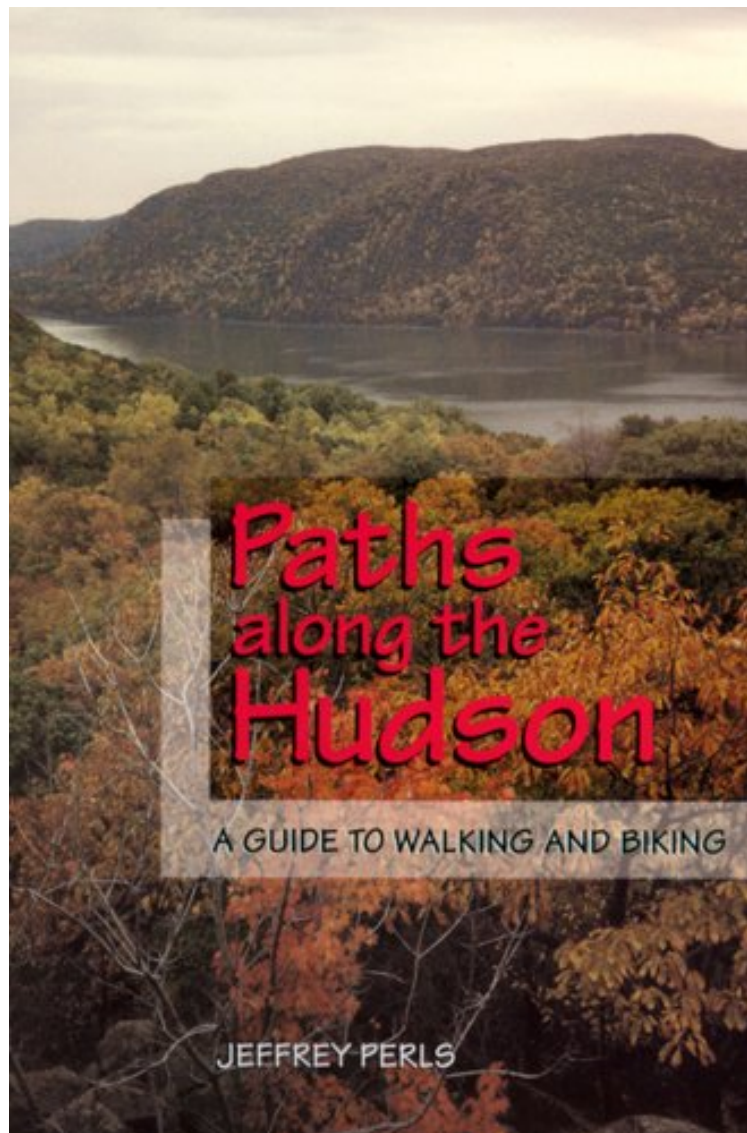


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Paths Along The Hudson: A Guide to Walking and Biking

Jeffrey Perls

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Jeffrey Perls : Paths Along The Hudson: A Guide to Walking and Biking before purchasing it in order to gauge whether or not it would be worth my time, and all praised Paths Along The Hudson: A Guide to Walking and Biking:

Whether you are an ardent hiker or prefer to enjoy the great outdoors from your living-room armchair, Jeffrey Perls has written the essential guidebook on one of the most majestic natural areas of the eastern United States-the Hudson

River. From the rugged topography of the Hudson Highlands Gorge to the crowded towers of Manhattan, the Hudson has been an inspiration for poets, writers, artists, and countless others who have enjoyed the many wonders of the river. The area surrounding the Hudson abounds in history. It played a pivotal part in our country's development, from its strategic role in the American Revolution to its heritage as the nation's primary entry point for immigrants to this country. The river also supports an incredibly rich diversity of flora and fauna, from the bald eagle to the short-nosed sturgeon. Perls brings together the culture, history, nature, and recreational activities along the Hudson River in one convenient guide book. He not only maps out walks and bike trails, both urban and rural, but also introduces readers to the landscape, geology, history, and culture of the Hudson Valley region. Perls provides a practical and geographically comprehensive guide to exploring the area on foot and by bike. The trail routes bring readers as close to the river as possible and guides them to rewarding vistas, nature preserves, and historic landmarks. It's a useful guide for visitors to the Hudson region and local residents as it acquaints them to the natural treasures to be found in their own backyards.